

# theSOURCE

"Training Minds for Exceptional Practice"

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A QUARTERLY PUBLICATION OF THE CHILD WELFARE TRAINING ACADEMY

CWTA is pleased to bring you **theSOURCE**, the newsletter of the DC Child & Family Services Agency Child Welfare Training Academy. Each issue of **theSOURCE** will provide you with updates on new classes, highlight special offerings, and give you the information you need to select and get the most out of the professional development opportunities offered by CWTA. If there are particular topics or training events you would like to see addressed, please let us know by contacting us directly at [erin.teagle2@dc.gov](mailto:erin.teagle2@dc.gov).

## CHILDCARE IS COMING TO CWTA MARATHON WEEKENDS

By Dr. Karen Fenton-LeShore, Training Administration

As the Child and Family Services Agency Child Welfare Training Academy (CWTA) aims to continually offer relevant and easily accessible in-service training for our resource parents, we are proud to announce forthcoming child care services offered by Georgetown Nanny, Incorporated. Georgetown Nanny, Incorporated based in the heart of the Georgetown community of Washington, DC, is a high quality child care resource owned and operated by a team of professional women committed to providing high quality childcare in homes, and other event venues. Beginning June 2014, this childcare service will be made available to our resource parents during our regularly scheduled Marathon Weekends as well as other publicized in-service trainings. CWTA will require advanced notice of the need for childcare as well as any identified specialized needs of the child accompanying the foster parent so that Georgetown Nanny can provide the services needed.



Child care will be provided for those trainings held at the agency as well as offsite. As our trainings are publicized, there will be indication as to whether child care will be made available and the associated forms to be completed.

We are excited to offer this much needed auxiliary service as a complement to the in-service training experience. We remain committed to increasing both the standard of customer service as well as quality of training to our resource families who support and care for the youth and children in care within the District of Columbia.

### NEW CLASSES

- PEERS & PRESSURES: REAL DISCUSSIONS ABOUT SEXUAL HEALTH
- DOMESTIC VIOLENCE 102
- CHILD & ADOLESCENT DEVELOPMENT
- FETAL ALCOHOL SYNDROME

### 2ND 2014 MARATHON WEEKEND TRAINING

On JUNE 27TH-29TH, CWTA will offer its 2ND MARATHON WEEKEND TRAINING of the year!!! Complete the registration form at the end of this newsletter to register!!!

## SELF-CARE FOR RESOURCE PARENTS



Foster parenting is rewarding, difficult, and demanding all at the same time. Fostering brings many new experiences and challenges which may affect the child in foster care and the entire foster family. In order to ensure the best possible care for a child, it is important for a foster family to monitor stress levels and let the social worker or family support worker know if the family is feeling overwhelmed. As a foster parent, it is important for you to take care of your needs and the needs of your own children just as you would take care of the needs of a child placed in your home. It takes time to adjust to the arrival of a child and the resulting change in dynamics of the whole family.

You may not expect feelings of grief or loss after a foster child leaves your home. But as the child moves on, you lose the unique relationship that you had with that child. You and your family members will also face other kinds of grief such as the grief a child experiences by being away from their family. Some examples are:

- Grief felt by the child's parents when a child is removed.
- Feelings of loss felt by the child separated from his or her parents.
- Personal grief when your foster child is reunified with his or her family or placed in another foster or adoptive home.
- Grief of other members of the foster family when the child moves.
- Grief over the abuse or neglect experienced by the child.
- Grief over not being able to make a connection with a child or their family.

A person dealing with loss may feel depressed, anxious, or angry; you may miss the child who has left the home. Members of your family may have difficulty concentrating, cry, exhibit restlessness, have trouble sleeping, avoid social contact and intimacy, and experience appetite disturbance and fatigue. These symptoms may be distressing to the members of your family, especially if the grief is unexpected.

Although the move of a child may be a deeply emotional time, it is potentially an opportunity for growth and change. You can use feelings of grief to build empathy for what parents feel when their child is removed, and for the losses of the children who have to leave their own homes. Facing intense circumstances of grief and loss can be difficult, and you should allow time to work through and recover from such experiences. Below are some suggestions for how to work through difficult times.

- Connect with foster care and adoption support groups.
- Use respite providers as necessary.
- Allow time to grieve the loss of the child.
- Consider taking a short break from fostering every now and then.
- Talk with your Family Support Worker or Resource Development Specialist about your needs; they want to provide you with appropriate resources you need to be successful.

## BEST PRACTICES WITH VICTIMS OF “MODERN DAY SLAVERY”

By Nina Cadney, LICSW

National Statistics in 2007 estimated “250,000 children in the United States were bought and sold for sex.” The prevalence of Commercial Sexual Exploitation of Children (CSEC) has continued to rise and this is a drastic underestimate due given factors such as unreported, unknown, and misclassified cases. Child Welfare has a critical role with supporting victims of CSEC and decreasing future statistics. The significance of Child Welfare’s contribution to decreasing the alarming number of victims is grounded in the reality that “60-80% of CSEC (victims) have been in the child welfare system.”

Trafficking Victims Protection Act (TVPA) of 2000 is a federal law that established Human Trafficking, or Commercial Sexual Exploitation of Children (CSEC) as a federal crime. TVPA of 2000 refers to Human Trafficking as “**Modern Day Slavery.**” In addition to outlining what constitutes trafficking and sexually exploiting an individual, the federal and respective District laws also provide the foundation for service delivery for victims of CSEC. TVPA of 2000 identified the following three major goals of victim-centered services:

- Prevention of Trafficking
- Protection and Assistance for Victims of Trafficking
- Strengthening Prosecution and Punishment of Traffickers

The most critical skill for achieving the aforementioned victim-centered services is engagement. Best practices when working with survivors of CSEC are founded on the facets of engagement and being trauma-informed. If there is a lack of trust, poor engagement, and lack of knowledge about trauma symptoms, then the chances of re-victimizing survivors increases significantly. Additionally, absence of best practices risks increased vulnerability of future victims. Below are the key considerations for the effectiveness of engagement as it relates to the goals of victim-centered services:

### PREVENTION OF TRAFFICKING

Engagement and positive relationships with caring adults assists with the following:

- Supporting child and adolescent healthy development to assist with decreasing vulnerability to perpetrators of CSEC
- Filling voids in the child/adolescent’s life and fulfilling unmet needs to decrease risk of perpetrators capitalizing on the weakness of vulnerable children and teens
- Positive relationships that communicate trust and support to a child/adolescent, which create supports their willingness to alert caring adults if they are approached by recruiters of CSEC.



## BEST PRACTICES WITH VICTIMS OF “MODERN DAY SLAVERY”

### PROTECTION AND ASSISTANCE FOR VICTIMS OF TRAFFICKING

If CSEC is suspected or identified with a child welfare case, then engagement supports the following:

- Setting the stage for increased awareness of “signs of trafficking situations” (such as tattoo identifiers, excessive fatigue, frequent runaway behavior, frequent sexually transmitted illnesses, etc.) that suggest a child/adolescent may be a victim of CSEC
- If a child/adolescent is identified as a victim, the quality of the relationship with a caring adult may increase the victim’s willingness to accept survivor services
- Protection and establishing a physically and emotionally safe environment begins with trusting relationships.

### STRENGTHENING PROSECUTION AND PUNISHMENT OF TRAFFICKERS

Children/adolescents are more likely to assist with prosecution of perpetrators of CSEC if the following dynamics are present:

- Trust with caring adults to provide reassurance, support, and safety if they disclose information about the trafficker
- Caring adults to support communicating with law enforcement for prosecution, which can be very intimidating and/or traumatizing for the child/adolescent to talk with unknown individuals
- Victim-blaming is avoided by having strong advocates to support that child/adolescent’s rights and mental well-being
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If you have an interest in increasing your knowledge, or engagement skills, please sign up to attend **HUMAN TRAFFICKING** listed on the CWTA In-service training calendar.

## CWTA APPROVED ONLINE TRAINING

**Upon completion of each online course, please print your certificate immediately and send them to your resource development or licensing specialist within 15 days of completion!!**

### CWTA APPROVED ONLINE SITES:

- **www.fosterparents.com:** One year membership: \$24 (not reimbursable).
- **http://www1.dshs.wa.gov/ca/fosterparents/training/** : The entire *FosterParentscope* Training program is presented in this award-winning Web site from Washington State. Adapted from the SUNY *FosterParentscope* curriculum.
- **http://www.fosterparentstest.com/store/index.htm** : A wonderful selection of online courses for resource parents covering topics from high needs babies to a range of disorders and challenges. Note that there is a non-reimbursable associated cost for each course.
- **http://www.fosterparentcollege.com/:** FosterParentCollege.com’s Self-Paced training is accessible 24 hours a day, seven days a week. From the comfort and safety of home, parents can enroll, complete a course, and receive a certificate of completion in a single session. FPC has conducted more than 80,000 online training sessions since 2004. Designed by nationally recognized experts in the fields of parenting, pediatrics, psychology, psychiatry, and education, FPC courses are valued by foster care agencies and praised by caregivers. Many of our classes are also available on DVD at our website [www.SocialLearning.com](http://www.SocialLearning.com).

**Need more information? Contact Erin Teagle, Training Specialist at [erin.teagle2@dc.gov](mailto:erin.teagle2@dc.gov).**



## REGISTRATION INFORMATION FOR CWTA TRAININGS

- **REGISTRATION IS REQUIRED FOR ALL CLASSES.** Please call the registration line at **(202) 727-5329** to register. You can also register electronically by emailing the Course Registration Form to [cwta.training@dc.gov](mailto:cwta.training@dc.gov). The form is located at the end of this newsletter.
- **PLEASE REGISTER EARLY TO SECURE YOUR ADMISSION IN EACH COURSE.** Registrations will not be accepted within 48 hours of a course start time.
- **IF YOU REGISTER FOR A TRAINING EVENT BUT WILL NOT BE ABLE TO ATTEND, PLEASE CALL (202) 727-5329 AS SOON AS POSSIBLE.**

**THIS DOESN'T HAVE TO BE YOU... CALL TO REGISTER BEFORE ATTENDING CWTA CLASSES.**



## APRIL 2014

DATES, TIMES AND LOCATIONS ARE SUBJECT TO CHANGE

DATE/TIME/LOCATION	TITLE/OBJECTIVE/TRAINER	TRAINING HOURS
<p><b>MONDAY, APR 7, 2014</b></p> <ul style="list-style-type: none"> <li>• 9AM-5PM</li> <li>• <b>Washington, DC</b> <i>The location will be specified in your confirmation letter</i></li> </ul>	<p><b>CHILD &amp; ADOLESCENT DEVELOPMENT:</b> <i>This training will provide a foundation of knowledge regarding various theories on the stages of development . It will explore age-appropriate behaviors, as well as adaptive methods for managing behavioral concerns will be discussed. Given the dynamics of maltreatment that initiate child welfare services, the implications of the roles of caretakers and social workers in work with traumatized clients will be discussed.</i></p> <p><b>TRAINER: NINA CADNEY, LICSW, LCSW-C</b></p>	<p><b>6</b></p>
<p><b>TUESDAY, APR 8, 2014</b></p> <ul style="list-style-type: none"> <li>• 6PM-9PM</li> <li>• <b>Greenbelt, Maryland</b> <i>The location will be specified in your confirmation letter</i></li> </ul>	<p><b>DE-ESCALATION:</b> <i>This training will offer a means to engage with an individual during a potentially dangerous, or threatening situation. The purpose of this training is to reduce the risk of physical injury to the child development professional, the resource parent, and the you or adult being engaged.</i></p> <p><b>TRAINER: GUILLERMO CINTRON, LICSW</b></p>	<p><b>3</b></p>
<p><b>THURSDAY, APR 10, 2014</b></p> <ul style="list-style-type: none"> <li>• 10:30AM-5:30PM</li> <li>• <b>Laurel, MD</b> <i>The location will be specified in your confirmation letter</i></li> </ul>	<p><b>HUMAN TRAFFICKING:</b> <i>This course will introduce participants to current federal and local laws and policies regarding CSEC, terminology related to CSEC, best practice guidelines for identifying and preventing CSEC, and provide participants the opportunity to explore cultural considerations as it relates to CSEC as well as their own beliefs and values. The course will also cover ethical considerations, such as documentation, communication and professional behavior.</i></p> <p><b>TRAINER: BRANDYNICOLE BROOKS, LICSW, LCSW</b></p>	<p><b>6</b></p>

DATE/TIME/ LOCATION	TITLE/OBJECTIVE/TRAINER	TRAINING HOURS
<p><b>THURSDAY, APR 10, 2014</b></p> <ul style="list-style-type: none"> <li>6PM-9PM</li> <li><b>Clinton, MD</b> <i>The location will be specified in your confirmation letter</i></li> </ul>	<p><b>MANAGING DIFFICULT BEHAVIOR IN CHILDREN 2-12 PT. 1:</b> 1-2-3 Magic is a parenting program developed by registered clinical psychologist that offers easy-to-follow steps for disciplining children without arguing, yelling, or spanking. After attending this class, trainees can immediately start to manage troublesome behavior more effectively, and understand how silence can speak louder than words. This lively and extremely popular program offers a humorous look at parenting – and a serious look at discipline. 1-2-3 Magic has one goal: to help parents enjoy their kids.</p> <p><b>TRAINER: DR. RAY BARBER</b></p>	<p><b>3</b></p>
<p><b>FRIDAY, APR 11, 2014</b></p> <ul style="list-style-type: none"> <li>6PM-9PM</li> <li><b>Clinton, MD</b> <i>The location will be specified in your confirmation letter</i></li> </ul>	<p><b>MANAGING DIFFICULT BEHAVIOR IN CHILDREN 2-12 PT. 2:</b> 1-2-3 Magic is a parenting program developed by registered clinical psychologist that offers easy-to-follow steps for disciplining children without arguing, yelling, or spanking. After attending this class, trainees can immediately start to manage troublesome behavior more effectively, and understand how silence can speak louder than words. This lively and extremely popular program offers a humorous look at parenting – and a serious look at discipline. 1-2-3 Magic has one goal: to help parents enjoy their kids.</p> <p><b>TRAINER: DR. RAY BARBER</b></p>	<p><b>3</b></p>
<p><b>SATURDAY, APR 12, 2014</b></p> <ul style="list-style-type: none"> <li>11AM-5PM</li> <li><b>Laurel, MD</b> <i>The location will be specified in your confirmation letter</i></li> </ul>	<p><b>AHA CPR/FIRST AID TRAINING:</b> Training covers infant, child, and adult cardiopulmonary resuscitation (CPR) &amp; First Aid. It is provided to teach the skills necessary to prevent, recognize, and provide basic care for injuries and sudden illness of District wards placed in their homes until medical personnel arrive. This course is a requirement for foster parent re-licensure.</p> <p><b>TRAINERS: AHA CERTIFIED TRAINERS</b></p>	<p><b>5</b></p>
<p><b>SATURDAY, APR 19, 2014</b></p> <ul style="list-style-type: none"> <li>9AM-5PM</li> <li><b>Washington, DC</b> <i>The location will be specified in your confirmation letter</i></li> </ul>	<p><b>CHILD &amp; ADOLESCENT DEVELOPMENT:</b> This training will provide a foundation of knowledge regarding various theories on the stages of development . It will explore age-appropriate behaviors, as well as adaptive methods for managing behavioral concerns will be discussed. Given the dynamics of maltreatment that initiate child welfare services, the implications of the roles of caretakers and social workers in work with traumatized clients will be discussed.</p> <p><b>TRAINER: NINA CADNEY, LICSW, LCSW-C</b></p>	<p><b>6</b></p>
<p><b>SATURDAY, APR 19, 2014</b></p> <ul style="list-style-type: none"> <li>9AM-5PM</li> <li><b>Washington, DC</b> <i>The location will be specified in your confirmation letter</i></li> </ul>	<p><b>AHA CPR/FIRST AID TRAINING:</b> Training covers infant, child, and adult cardiopulmonary resuscitation (CPR) &amp; First Aid. It is provided to teach the skills necessary to prevent, recognize, and provide basic care for injuries and sudden illness of District wards placed in their homes until medical personnel arrive. This course is a requirement for foster parent re-licensure.</p> <p><b>TRAINERS: AHA CERTIFIED TRAINERS</b></p>	<p><b>5</b></p>

DATE/TIME/ LOCATION	TITLE/OBJECTIVE/TRAINER	TRAINING HOURS
<p><b>SUNDAY, APR 27, 2014</b></p> <ul style="list-style-type: none"> <li>11 AM-5PM</li> <li><b>Washington, DC</b> <i>The location will be specified in your confirmation letter</i></li> </ul>	<p><b>AHA CPR/FIRST AID TRAINING:</b> <i>Training covers infant, child, and adult cardiopulmonary resuscitation (CPR) &amp; First Aid. It is provided to teach the skills necessary to prevent, recognize, and provide basic care for injuries and sudden illness of District wards placed in their homes until medical personnel arrive. This course is a requirement for foster parent re-licensure.</i></p> <p><b>TRAINERS: AHA CERTIFIED TRAINERS</b></p>	<p><b>5</b></p>
<p><b>TUESDAY, APR 29, 2014</b></p> <ul style="list-style-type: none"> <li>9 AM-5PM</li> <li><b>Washington, DC</b> <i>The location will be specified in your confirmation letter</i></li> </ul>	<p><b>PEERS &amp; PRESSURES: Having Real Discussions about Sexual Health:</b> <i>The purpose of this course is to prepare CFSA and Private Agency Social Workers, Family Support Workers, and Nurse Care Managers to have age-appropriate conversations with CFSA youth about their sexuality and sexual health. Specifically, this course will prepare child welfare professionals for discussion with the youth on their caseloads about sexual health, CFSA's policies regarding sexual health discussions, and the importance of their responsibility to provide comprehensive physical and mental health services to all youth in a confidential, culturally competent, and inclusive manner.</i></p> <p><b>TRAINER: BRANDYNICOLE BROOKS, LICSW, LCSW</b></p>	<p><b>6</b></p>
<p><b>WEDNESDAY, APR 30, 2014</b></p> <ul style="list-style-type: none"> <li>9 AM-5PM</li> <li><b>Washington, DC</b> <i>The location will be specified in your confirmation letter</i></li> </ul>	<p><b>HUMAN TRAFFICKING:</b> <i>The Understanding and Preventing Human Trafficking in Child Welfare course will provide Social Workers, Resource Parents, Nurse, and other CFSA community partners with information about the commercial sexual exploitation of children (CSEC). This course will introduce participants to current federal and local laws and policies regarding CSEC, terminology related to CSEC, best practice guidelines for identifying and preventing CSEC, and provide participants the opportunity to explore cultural considerations as it relates to CSEC as well as their own beliefs and values. The course will also cover ethical considerations, such as documentation, communication and professional behavior.</i></p> <p><b>TRAINER: BRANDYNICOLE BROOKS, LICSW, LCSW</b></p>	<p><b>6</b></p>



DATE/TIME/ LOCATION	TITLE/OBJECTIVE/TRAINER	TRAINING HOURS
<p><b>SUNDAY, MAY 4, 2014</b></p> <ul style="list-style-type: none"> <li>11 AM-5PM</li> <li><b>Washington, DC</b> <i>The location will be specified in your confirmation letter</i></li> </ul>	<p><b>AHA CPR/FIRST AID TRAINING:</b> Training covers infant, child, and adult cardiopulmonary resuscitation (CPR) &amp; First Aid. It is provided to teach the skills necessary to prevent, recognize, and provide basic care for injuries and sudden illness of District wards placed in their homes until medical personnel arrive. This course is a requirement for foster parent re-licensure.</p> <p><b>TRAINERS: AHA CERTIFIED TRAINERS</b></p>	<p><b>5</b></p>
<p><b>SATURDAY, MAY 10, 2014</b></p> <ul style="list-style-type: none"> <li>11 AM-5PM</li> <li><b>New Carrollton, MD</b> <i>The location will be specified in your confirmation letter</i></li> </ul>	<p><b>AHA CPR/FIRST AID TRAINING:</b> Training covers infant, child, and adult cardiopulmonary resuscitation (CPR) &amp; First Aid. It is provided to teach the skills necessary to prevent, recognize, and provide basic care for injuries and sudden illness of District wards placed in their homes until medical personnel arrive. This course is a requirement for foster parent re-licensure.</p> <p><b>TRAINERS: AHA CERTIFIED TRAINERS</b></p>	<p><b>5</b></p>
<p><b>FRIDAY, MAY 16, 2014</b></p> <ul style="list-style-type: none"> <li>9 AM-5PM</li> <li><b>Washington, DC</b> <i>The location will be specified in your confirmation letter</i></li> </ul>	<p><b>DOMESTIC VIOLENCE 102:</b> We all have been impacted by DV in one way or another. Some by reading or seeing horrible stories in the news, others through work, some perhaps through friends, relatives and some through our own personal experiences. We recognize that DV can be a difficult subject to think about, talk about and address in a direct way. However, as child welfare professionals, it is our obligation to confront this difficult and sensitive reality. This class will address domestic violence and all of the above.</p> <p><b>TRAINER: GUILLERMO CINTRON, LICSW</b></p>	<p><b>6</b></p>
<p><b>FRIDAY, MAY 16, 2014</b></p> <ul style="list-style-type: none"> <li>6 PM-9PM</li> <li><b>Washington, DC</b> <i>The location will be specified in your confirmation letter</i></li> </ul>	<p><b>DE-ESCALATION:</b> This training will offer a means to engage with an individual during a potentially dangerous, or threatening situation. The purpose of this training is to reduce the risk of physical injury to the child development professional, the resource parent, and the you or adult being engaged.</p> <p><b>TRAINER: GUILLERMO CINTRON, LICSW</b></p>	<p><b>3</b></p>
<p><b>SATURDAY, MAY 17, 2014</b></p> <ul style="list-style-type: none"> <li>8 AM-3PM</li> <li><b>Washington, DC</b> <i>The location will be specified in your confirmation letter</i></li> </ul>	<p><b>PSYCHOTROPIC MEDICATIONS:</b> To educate participants about psychotropic medications, the associated CFSA policies, and each individual's roles and responsibilities.</p> <p><b>TRAINER: CWTA TRAINER</b></p>	<p><b>5</b></p>

DATE/TIME/ LOCATION	TITLE/OBJECTIVE/TRAINER	TRAINING HOURS
<p><b>SATURDAY, MAY 17, 2014</b></p> <ul style="list-style-type: none"> <li>11 AM-5PM</li> <li><b>Accokeek, MD</b> <i>The location will be specified in your confirmation letter</i></li> </ul>	<p><b>AHA CPR/FIRST AID TRAINING:</b> Training covers infant, child, and adult cardiopulmonary resuscitation (CPR) &amp; First Aid. It is provided to teach the skills necessary to prevent, recognize, and provide basic care for injuries and sudden illness of District wards placed in their homes until medical personnel arrive. This course is a requirement for foster parent re-licensure.</p> <p><b>TRAINERS: AHA CERTIFIED TRAINERS</b></p>	<p><b>5</b></p>
<p><b>MONDAY, MAY 19, 2014</b></p> <ul style="list-style-type: none"> <li>9 AM-5PM</li> <li><b>Washington, DC</b> <i>The location will be specified in your confirmation letter</i></li> </ul>	<p><b>CHILD &amp; ADOLESCENT DEVELOPMENT:</b> This training will provide a foundation of knowledge regarding various theories on the stages of development. It will explore age-appropriate behaviors, as well as adaptive methods for managing behavioral concerns will be discussed. Given the dynamics of maltreatment that initiate child welfare services, the implications of the roles of caretakers and social workers in work with traumatized clients will be discussed.</p> <p><b>TRAINER: NINA CADNEY, LICSW, LCSW-C</b></p>	<p><b>6</b></p>
<p><b>FRIDAY, MAY 23, 2014</b></p> <ul style="list-style-type: none"> <li>9 AM-5PM</li> <li><b>Washington, DC</b> <i>The location will be specified in your confirmation letter</i></li> </ul>	<p><b>HUMAN TRAFFICKING:</b> The Understanding and Preventing Human Trafficking in Child Welfare course will provide Social Workers, Resource Parents, Nurse, and other CFSA community partners with information about the commercial sexual exploitation of children (CSEC). This course will introduce participants to current federal and local laws and policies regarding CSEC, terminology related to CSEC, best practice guidelines for identifying and preventing CSEC, and provide participants the opportunity to explore cultural considerations as it relates to CSEC as well as their own beliefs and values. The course will also cover ethical considerations, such as documentation, communication and professional behavior.</p> <p><b>TRAINER: BRANDYNICOLE BROOKS, LICSW, LCSW</b></p>	<p><b>6</b></p>
<p><b>TUESDAY, MAY 27, 2014</b></p> <ul style="list-style-type: none"> <li>6PM-9PM</li> <li><b>Bowie, MD</b> <i>The location will be specified in your confirmation letter</i></li> </ul>	<p><b>MANAGING DIFFICULT BEHAVIOR IN CHILDREN 2-12 PT. 1:</b> 1-2-3 Magic is a parenting program developed by registered clinical psychologist that offers easy-to-follow steps for disciplining children without arguing, yelling, or spanking. After attending this class, trainees can immediately start to manage troublesome behavior more effectively, and understand how silence can speak louder than words. This lively and extremely popular program offers a humorous look at parenting – and a serious look at discipline. 1-2-3 Magic has one goal: to help parents enjoy their kids.</p> <p><b>TRAINER: DR. RAY BARBER</b></p>	<p><b>3</b></p>

DATE/TIME/ LOCATION	TITLE/OBJECTIVE/TRAINER	TRAINING HOURS
<p><b>WEDNESDAY, MAY 28, 2014</b></p> <ul style="list-style-type: none"> <li>9AM-5PM</li> <li><b>Washington, DC</b> <i>The location will be specified in your confirmation letter</i></li> </ul>	<p><b>PEERS &amp; PRESSURES: Having Real Discussions about Sexual Health:</b> <i>The purpose of this course is to prepare CFSA and Private Agency Social Workers, Family Support Workers, and Nurse Care Managers to have age-appropriate conversations with CFSA youth about their sexuality and sexual health. Specifically, this course will prepare child welfare professionals for discussion with the youth on their caseloads about sexual health, CFSA's policies regarding sexual health discussions, and the importance of their responsibility to provide comprehensive physical and mental health services to all youth in a confidential, culturally competent, and inclusive manner.</i></p> <p><b>TRAINER: BRANDYNICOLE BROOKS, LICSW, LCSW</b></p>	<p><b>6</b></p>
<p><b>WEDNESDAY, MAY 28, 2014</b></p> <ul style="list-style-type: none"> <li>6PM-9PM</li> <li><b>Bowie, MD</b> <i>The location will be specified in your confirmation letter</i></li> </ul>	<p><b>MANAGING DIFFICULT BEHAVIOR IN CHILDREN 2-12 PT. 2:</b> <i>1-2-3 Magic is a parenting program developed by registered clinical psychologist that offers easy-to-follow steps for disciplining children without arguing, yelling, or spanking. After attending this class, trainees can immediately start to manage troublesome behavior more effectively, and understand how silence can speak louder than words. This lively and extremely popular program offers a humorous look at parenting – and a serious look at discipline. 1-2-3 Magic has one goal: to help parents enjoy their kids.</i></p> <p><b>TRAINER: DR. RAY BARBER</b></p>	<p><b>3</b></p>
<p><b>FRIDAY, MAY 30, 2014</b></p> <ul style="list-style-type: none"> <li>9AM-5PM</li> <li><b>Washington, DC</b> <i>The location will be specified in your confirmation letter</i></li> </ul>	<p><b>CHILD &amp; ADOLESCENT DEVELOPMENT:</b> <i>This training will provide a foundation of knowledge regarding various theories on the stages of development . It will explore age-appropriate behaviors, as well as adaptive methods for managing behavioral concerns will be discussed. Given the dynamics of maltreatment that initiate child welfare services, the implications of the roles of caretakers and social workers in work with traumatized clients will be discussed.</i></p> <p><b>TRAINER: NINA CADNEY, LICSW, LCSW-C</b></p>	<p><b>6</b></p>



DATE/TIME/ LOCATION	TITLE/OBJECTIVE/TRAINER	TRAINING HOURS
<p><b>SATURDAY, JUNE 7, 2014</b></p> <ul style="list-style-type: none"> <li>11 AM-5PM</li> <li><b>Greenbelt, MD</b> <i>The location will be specified in your confirmation letter</i></li> </ul>	<p><b>AHA CPR/FIRST AID TRAINING:</b> <i>Training covers infant, child, and adult cardiopulmonary resuscitation (CPR) &amp; First Aid. It is provided to teach the skills necessary to prevent, recognize, and provide basic care for injuries and sudden illness of District wards placed in their homes until medical personnel arrive. This course is a requirement for foster parent re-licensure.</i></p> <p><b>TRAINERS: AHA CERTIFIED TRAINERS</b></p>	<p><b>5</b></p>
<p><b>SATURDAY, JUNE 14, 2014</b></p> <ul style="list-style-type: none"> <li>11 AM-5PM</li> <li><b>Fairmount Heights, MD</b> <i>The location will be specified in your confirmation letter</i></li> </ul>	<p><b>AHA CPR/FIRST AID TRAINING:</b> <i>Training covers infant, child, and adult cardiopulmonary resuscitation (CPR) &amp; First Aid. It is provided to teach the skills necessary to prevent, recognize, and provide basic care for injuries and sudden illness of District wards placed in their homes until medical personnel arrive. This course is a requirement for foster parent re-licensure.</i></p> <p><b>TRAINERS: AHA CERTIFIED TRAINERS</b></p>	<p><b>5</b></p>
<p><b>MONDAY, JUNE 16, 2014</b></p> <ul style="list-style-type: none"> <li>9 AM-5PM</li> <li><b>Washington, DC</b> <i>The location will be specified in your confirmation letter</i></li> </ul>	<p><b>DOMESTIC VIOLENCE 102:</b> <i>We all have been impacted by DV in one way or another. Some by reading or seeing horrible stories in the news, others through work, some perhaps through friends, relatives and some through our own personal experiences. We recognize that DV can be a difficult subject to think about, talk about and address in a direct way. However, as child welfare professionals, it is our obligation to confront this difficult and sensitive reality. This class will address domestic violence and all of the above.</i></p> <p><b>TRAINER: SYLVIA PAULING</b></p>	<p><b>6</b></p>
<p><b>TUESDAY, JUNE 17, 2014</b></p> <ul style="list-style-type: none"> <li>9 AM-5PM</li> <li><b>Washington, DC</b> <i>The location will be specified in your confirmation letter</i></li> </ul>	<p><b>CHILD &amp; ADOLESCENT DEVELOPMENT:</b> <i>This training will provide a foundation of knowledge regarding various theories on the stages of development. It will explore age-appropriate behaviors, as well as adaptive methods for managing behavioral concerns will be discussed. Given the dynamics of maltreatment that initiate child welfare services, the implications of the roles of caretakers and social workers in work with traumatized clients will be discussed.</i></p> <p><b>TRAINER: NINA CADNEY, LICSW, LCSW-C,</b></p>	<p><b>6</b></p>
<p><b>WEDNESDAY, JUNE 18, 2014</b></p> <ul style="list-style-type: none"> <li>9 AM-5PM</li> <li><b>Washington, DC</b> <i>The location will be specified in your confirmation letter</i></li> </ul>	<p><b>WORKING WITH LGBTQ YOUTH:</b> <i>CWTA provides this training to help participants learn how best to work with youth who self-identify as lesbian, gay, bisexual, transgender, and questioning (LGBTQ). The course offers clear definitions and experiential exercises that allow participants to better understand the thought and feelings of the LGBTQ population.</i></p> <p><b>TRAINER: NINA CADNEY, LICSW, LCSW-C,</b></p>	<p><b>6</b></p>

DATE/TIME/ LOCATION	TITLE/OBJECTIVE/TRAINER	TRAINING HOURS
<p><b>THURSDAY, JUNE 19, 2014</b></p> <ul style="list-style-type: none"> <li>9AM-5PM</li> <li><b>Washington, DC</b> <i>The location will be specified in your confirmation letter</i></li> </ul>	<p><b>PSYCHOTROPIC MEDICATIONS:</b> <i>To educate participants about psychotropic medications, the associated CFSA policies, and each individual's roles and responsibilities.</i></p> <p><b>TRAINER: NINA CADNEY, LICSW, LCSW-C</b></p>	<p><b>5</b></p>
<p><b>WEDNESDAY, JUNE 25, 2014</b></p> <ul style="list-style-type: none"> <li>6PM-9PM</li> <li><b>Washington, DC</b> <i>The location will be specified in your confirmation letter</i></li> </ul>	<p><b>MANAGING DIFFICULT BEHAVIOR IN CHILDREN 2-12 PT. 1:</b> <i>1-2-3 Magic is a parenting program developed by registered clinical psychologist that offers easy-to-follow steps for disciplining children without arguing, yelling, or spanking. After attending this class, trainees can immediately start to manage troublesome behavior more effectively, and understand how silence can speak louder than words. This lively and extremely popular program offers a humorous look at parenting – and a serious look at discipline. 1-2-3 Magic has one goal: to help parents enjoy their kids.</i></p> <p><b>TRAINER: DR. RAY BARBER</b></p>	<p><b>3</b></p>
<p><b>THURSDAY, JUNE 26, 2014</b></p> <ul style="list-style-type: none"> <li>6PM-9PM</li> <li><b>Washington, DC</b> <i>The location will be specified in your confirmation letter</i></li> </ul>	<p><b>MANAGING DIFFICULT BEHAVIOR IN CHILDREN 2-12 PT. 2:</b> <i>1-2-3 Magic is a parenting program developed by registered clinical psychologist that offers easy-to-follow steps for disciplining children without arguing, yelling, or spanking. After attending this class, trainees can immediately start to manage troublesome behavior more effectively, and understand how silence can speak louder than words. This lively and extremely popular program offers a humorous look at parenting – and a serious look at discipline. 1-2-3 Magic has one goal: to help parents enjoy their kids.</i></p> <p><b>TRAINER: DR. RAY BARBER</b></p>	<p><b>3</b></p>
<p><b>FRIDAY, JUNE 27, 2014</b></p> <ul style="list-style-type: none"> <li>9AM-5PM</li> <li><b>Washington, DC</b> <i>The location will be specified in your confirmation letter</i></li> </ul>	<p><b>CHILD &amp; ADOLESCENT DEVELOPMENT:</b> <i>This training will provide a foundation of knowledge regarding various theories on the stages of development . It will explore age-appropriate behaviors, as well as adaptive methods for managing behavioral concerns will be discussed. Given the dynamics of maltreatment that initiate child welfare services, the implications of the roles of caretakers and social workers in work with traumatized clients will be discussed.</i></p> <p><b>TRAINER: BRANDYNICOLE BROOKS, LICSW, LCSW</b></p>	<p><b>6</b></p>
<p><b>SATURDAY, JUNE 28, 2014</b></p> <ul style="list-style-type: none"> <li>10AM-2PM</li> <li><b>Washington, DC</b> <i>The location will be specified in your confirmation letter</i></li> </ul>	<p><b>FETAL ALCOHOL SYNDROME:</b> <i>This training will provide a foundation of knowledge regarding various theories on the stages of development . It will explore age-appropriate behaviors, as well as adaptive methods for managing behavioral concerns will be discussed. Given the dynamics of maltreatment that initiate child welfare services, the implications of the roles of caretakers and social workers in work with traumatized clients will be discussed.</i></p> <p><b>TRAINER: NINA CADNEY, LICSW, LCSW-C</b></p>	<p><b>3</b></p>

DATE/TIME/ LOCATION	TITLE/OBJECTIVE/TRAINER	TRAINING HOURS
<p><b>SATURDAY, JUNE 28, 2014</b></p> <ul style="list-style-type: none"> <li>10AM-2PM</li> <li><b>Washington, DC</b> <i>The location will be specified in your confirmation letter</i></li> </ul>	<p><b>AHA CPR/FIRST AID TRAINING:</b> <i>Training covers infant, child, and adult cardiopulmonary resuscitation (CPR) &amp; First Aid. It is provided to teach the skills necessary to prevent, recognize, and provide basic care for injuries and sudden illness of District wards placed in their homes until medical personnel arrive. This course is a requirement for foster parent re-licensure.</i></p> <p><b>TRAINERS: AHA CERTIFIED TRAINERS</b></p>	<p><b>5</b></p>
<p><b>SUNDAY, JUNE 29, 2014</b></p> <ul style="list-style-type: none"> <li>10AM-2PM</li> <li><b>Washington, DC</b> <i>The location will be specified in your confirmation letter</i></li> </ul>	<p><b>FETAL ALCOHOL SYNDROME:</b> <i>This training will provide a foundation of knowledge regarding various theories on the stages of development . It will explore age-appropriate behaviors, as well as adaptive methods for managing behavioral concerns will be discussed. Given the dynamics of maltreatment that initiate child welfare services, the implications of the roles of caretakers and social workers in work with traumatized clients will be discussed.</i></p> <p><b>TRAINER: NINA CADNEY, LICSW, LCSW-C</b></p>	<p><b>3</b></p>



## CHILD WELFARE TRAINING ACADEMY- COURSE REGISTRATION FORM

Couples registration is prohibited. Primary resource parent, spouse and/or support parent must register individually. Resource Specialist/Family Support Worker will receive notification via email of your confirmation. Participants who arrive 30 minutes beyond the start time for the course will not be admitted into the course, receive credit, or be awarded a certificate. Participants are required to attend the full day to receive their certificates. Child care is not provided unless otherwise specified in the course description. Registrations are nontransferable; if you register but are unable to attend, please contact us at your earliest convenience so we might offer this space to someone else. Email: [cwta.training@dc.gov](mailto:cwta.training@dc.gov) or Phone: 202-727-5329.

### PERSONAL INFORMATION (PLEASE TYPE/PRINT THE NAME OF THE PERSON REGISTERING FOR TRAINING)

LAST NAME:		FIRST NAME:		MIDDLE INITIAL:	
STREET ADDRESS:			CITY:		STATE:      ZIP:
PRIMARY PHONE:			EMAIL ADDRESS:		
AGENCY AFFILIATION:			RESOURCE PARENT TYPE:		

### ADDITIONAL INFORMATION

AGE OF THE CHILD(REN) IN THE HOME: \_\_\_\_\_

RESOURCE SPECIALIST/FAMILY SUPPORT WORKER: \_\_\_\_\_

SPECIAL ACCOMMODATIONS NEEDED: \_\_\_\_\_

### TRAINING COURSE INFO (PLEASE CHOOSE OTHER POSSIBLE DATES, AS COURSES TEND TO FILL QUICKLY.)

COURSE TITLE	DATE PREFERENCE #1	DATE PREFERENCE #2

For available classes, dates, and locations, please visit the CWTA training calendar at: [CWTA TRAINING CALENDAR](#)