

JANUARY 14, 2021

DC CHILD AND FAMILY SERVICES AGENCY

FOSTERING CONNECTIONS

A monthly newsletter for CFSA's resource
parents in the District of Columbia



GOVERNMENT OF THE
DISTRICT OF COLUMBIA
DC MURIEL BOWSER, MAYOR



January 2021 at a Glance

- Parent Support Resources Available to You
- February Fellowship & Feedback
- Foster Parent Information Session

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Feature Story

Parent Support Resources Available to You

CFSA Resource Parents have access to a variety of free mental wellness and parenting support programs, including the DC Department of Behavioral Health (DBH) Wellness Wednesday parent support group. These virtual meetings provide DC parents with a space to connect with others, take care of themselves, and help foster resiliency in the children in their care during these challenging times. Wellness Wednesdays occur weekly via WebEx from 5:30 – 6:30 p.m.

- English: bit.ly/DBH_ParentSupport_Eng, password: WW20
- Español: http://bit.ly/DBH_ParentSupport_Spa, contraseña: SPWW20

Visit DBH's [Parent Support Program](#) webpage for information about additional supports.

DC Department of Behavioral Health Wellness Wednesday/Support for Parents

January 2021

Date	Workshop Topic	Time	Weekly Series
Jan. 6	Parenting in 2021- How Do You Manage It All?	5:30 PM	Topics Include Relationships
Jan. 13	I Have Your Back! Being Your Child's # 1 Advocate	5:30 PM	Resiliency
Jan. 20	HOLIDAY (No Live Session this Week)	5:30 PM	Self Care
Jan. 27	Wellness in Motion: What's Your Move? Self-Care Summit Kick Off	5:30PM	Knowledge Communication

JOIN US USING THIS LINK: <https://bit.ly/2Kr4PDk>
Password: WW20

Join meeting by phone:
Call-in toll number: 1-650-479-3208 Local
(Washington D.C.)
1-202-860-2110 Access Code: 1726204243



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News You Can Use

February Fellowship & Feedback

February 4, 7:30 – 8:30 p.m. | RSVP is not required

Save the date! Resource parents are invited to the next monthly Fellowship & Feedback session on Thursday, February 4, from 7:30 to 8:30 p.m. Connect with CFSA leaders, meet other resource parents, and share your thoughts and ideas. Access the meeting via [WebEx](#) or dial 202-860=2110 and use the access code 180 262 6908.

Foster Parent Information Session

February 13, 10 – 11:30 a.m. | RSVP is required

Know someone interested in fostering or adopting? The CFSA Recruitment Team is hosting an online information session on Saturday, February 13, from 10 a.m. to 11:30 a.m. Attendees will connect with CFSA representatives and learn whether fostering or child-specific adoption is right for them. Presenters will discuss DC's foster care system, children who are currently in care, and the supports that CFSA provides foster parents. RSVP is required. Register online via [Eventbrite](#).

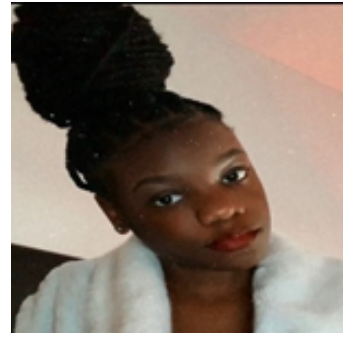
Fostering Spotlight

Meet Treasure

Treasure is an expressive 11th grader looking for a forever family that is active, can support her health and mental well-being efforts, and will love and treat her as their own. She

enjoys gymnastics, modeling, and writing poetry about her life experiences and goals. Although quiet when first meeting new people, Treasure is warm, easygoing, and likes to talk.

She wants a family that can focus on helping her achieve her goal of attending and graduating from college. Treasure is excited about the possibility of being adopted and hopes to find the right family soon. If you can envision welcoming Treasure into your heart and home, please contact Kim.Walk@dc.gov.



Have feedback, a tip, or a story?

We want to hear from you! Please send all inquiries, suggestions, or story ideas to cfsa.opi@dc.gov.

Follow CFSA on social media!



DC Child & Family Services Agency | 200 I Street SE, Washington, DC 20003

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