

# Transition Planning: An Essential Road Map to the Future

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Even as social workers continue to seek permanence and life-long connections for older youth in care, these young people need a road map that captures their individual interests and goals and spells out specific steps to ensure a smooth, safe, supported transition out of foster care.



**The FosterClub Transition Toolkit** is a user-friendly online template that youth ages 15 to 20 can use to create a sound plan to prepare for adulthood. It incorporates a team approach to case management and factors in a youth's strengths and challenges.

When youth in care reach age 15, it's time for the social worker to get the FosterClub Transition Toolkit online at [www.fosterclub.com](http://www.fosterclub.com) (type Washington DC in the search box, then click the Washington D.C. Transition Toolkit). The social worker introduces the youth to the toolkit and helps him/her decide on the areas of initial focus. Then, the social worker engages the youth's team in partnering with the youth to use development of the plan as a way to practice decision-making and life skills in a supportive environment. The social worker has the team review the plan at regular intervals to track the youth's progress and to provide appropriate support when needed. Contact: Tracie Nelson, [tracie.nelson@dc.gov](mailto:tracie.nelson@dc.gov), (202) 727-7508.



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