

## General Indicators of Child Abuse:

- rocking, sucking or biting excessively
- bedwetting or soiling
- demanding or aggressive behavior
- sleeping difficulties, often being tired and falling asleep
- low self-esteem
- abusing alcohol or drugs
- broken bones or unexplained bruising, burns, or welts in different stages of healing
- inability to explain an injury, or explanations that are inconsistent, vague, or unbelievable
- feeling suicidal or attempting suicide
- difficulty concentrating
- reluctance to go home
- creating stories, poems or artwork about abuse

## General Indicators Neglect:

- malnutrition, begging, stealing, or hoarding food
- poor hygiene, matted hair, dirty skin, or body odor
- unattended physical or medical problems
- comments that no one is home to provide care
- consistent exhaustion
- frequent lateness or absence from school
- inappropriate clothing, inadequate coverage in winter
- frequent illness, infections, or sores
- being left unsupervised for long periods

CFSA takes reports of child abuse and neglect 24 hours a day, seven days a week at **(202) 671-SAFE** or **(202) 671-7233**. This hotline is the gateway to protection and help for child victims and those at risk.

